AMAZING CHANNELS • PREDICTIONS • FEATURES

SEDONA JOURNAL OF Emergence

PEACE TO ALL BEINGS AUGUST 2026

Channeling

USEFUL, LOVING INFORMATION & GUIDANCE

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Miriandra Rota
Steve Rother
Molly Rowland
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Jaap van Etten

Predictions

your personal astrological & numerological guidance for the month

Features

inspirations shared through our monthly columnists



Inspired Information

GUIDANCE AS YOUR SPIRIT SELF BECOMES YOUR DAY-TO-DAY SELF

When it's time for this album to end, we find that we don't want that to happen. "Memories of Them" seems to bring up all our soul connections in a loving reminiscence. We remember them and remember ourselves — just gorgeous.

Jennifer's musical gift to communicate powerful emotions gently, elegantly, and wordlessly shines more brightly than ever. You will want to get the entire uplifting album to experience the unmistakable renewal and rediscovery this music brings to your soul.

Get it here: JenniferDeFrayne.com.



A Grand Memoir by Darlene Koldenhoven

Darlene Koldenhoven is a Grammy-winning, Billboard-charting vocalist, pianist, composer, songwriter, musical arranger, credentialed voice teacher, certified sonic therapist, and author who has had quite an accomplished, interesting, and exciting life. Her new ten-track solo piano album (released August 7, 2026), *A Grand Memoir* (TimeArt), is the companion to her memoir *Put Your Dress Down and Sing* (Sibylline Press, released August 7, 2026).

Darlene is known worldwide as a featured soprano soloist who sang "Aria" in the PBS TV special and video *Yanni, Live at the Acropolis*. She was seen by over 1.5 billion television viewers and has since been seen by millions more now on YouTube. Darlene is known most notably as the tambourine-waving choir nun with Whoopi Goldberg in both *Sister Act* films.

Off camera, she was also the production vocal coach and vocal contractor, music director, and rehearsal pianist during their choreography rehearsals. If you haven't seen the Yanni video, you must. It's phenomenal, and you will get a real sense of Darlene's astounding musical talent.

The music from *A Grand Memoir* is calming, relaxing, elegant, and sophisticated. It has a kind of neoclassical/classical crossover New Age style. What I like best about the whole album is that it's emotionally evocative, sensitively and masterfully played, and completely relatable.

The music was channeled to Darlene during that just-awakening stage between dreaming and consciousness when she was writing her memoir. She recorded the music live in her living room on a century-old Golden Era Steinway Grand Piano model L that was left in her care by some friends whose mother was the original owner and a national concert pianist.

The album begins with the gentle "Love and Devotion." Here, we have a nice melody along with a balanced use of upper and lower piano registers. This is very engaging and a good opening to the rest of the album.

Following is the scintillating "Impressions." Equally engaging with a sort of waterfall feel, this is also wonderful. One thing that strikes you is Darlene's confident command of the keyboard — very lovely.

While we can't address every track, here are some of my other favorites and notable observations: "Wright's Romanza" was inspired by Darlene's visit to Frank Lloyd Wright's Hollyhock House in Los Angeles. She used to visit his Chicago-area houses when she was a child and has vivid memories of doing so. He called his style of architecture for that house "California Romanza." Thus, she named her improvised, free-flowing song after him.

A jacaranda is a large, beautiful tree with gorgeous purple-blue flowers. If you have seen one, you'd certainly remember it. "Jacaranda Joy" perfectly captures this magnificence. This is truly captivating and one to listen to again and again.

I've not personally been to Vienna, but my understanding is that it's an enchanting place, particularly in the winter around Christmas. "Winter in Vienna" beckons you to travel there. Graceful and enchanting on its own, here's another to really enjoy.

This lovely nostalgic album, for piano lovers everywhere, closes out with the playful and free-flowing "Flying with Kites." Delightfully melodic, memorable, and wonderfully composed and played, this piece conjures so many pleasant childhood memories that we certainly don't want it to end. I love it all.

Get it here: DarleneKoldenhoven.com/agm.
Get Darlene's memoir here: DarleneKoldenhoven.com/book.

Dyan Garris *is a multiple-award-winning New Age recording artist, award-winning author, radio-station owner, and music reviewer who has recorded and produced fourteen albums. Garris's recordings include a series of independently tested music and meditation CDs that earned the National Health & Wellness Stamp of Approval. Her music is found on Pandora, Spotify, iTunes, SiriusXM, Muzak, Music Choice, airlines, overheads, and more. Visit DyanGarrisMusic.com.*